

MARIST

MASTER OF ARTS IN CLINICAL MENTAL HEALTH COUNSELING



The CMHC master's program at Marist College has been one of the best professional decisions I have made. The faculty not only prepared me to be an effective counselor, but I was challenged and supported through my growth in this new role.



Maureen Sharp
MA '20

WHY CHOOSE MARIST FOR CLINICAL MENTAL HEALTH COUNSELING?

- ▶ **A Path to Professional Employment:** For the last five years, an average of 85% of our students secured employment in the counseling field within four months of receiving their degree, and 96% were employed or accepted to doctoral programs within a year.
- ▶ **Affordable:** Student surveys indicate affordability is a critical factor for choosing Marist. Marist's tuition falls in the mid-range for comparable graduate programs in New York.
- ▶ **Small Class Sizes and Hands-On Training:** With an average class size of 10, faculty develop strong mentoring relationships with their students.
- ▶ **Participate in National Conferences:** Students travel to regional and national conferences, frequently with financial aid from the College. Some students even present at conferences!
- ▶ **A Variety of Training Sites:** The counseling program has longstanding connections with a variety of clinical training sites, including college counseling centers, outpatient mental health clinics, partial hospitalization programs, mental health and substance abuse centers, child and family programs, and residential treatment facilities.
- ▶ **A Growing Field:** The Occupational Outlook Handbook calculates that Mental Health Counseling expects a 22% increase in employment from 2018-2028.

DEVELOP VALUABLE SKILLS AS A GRADUATE ASSISTANT

All accepted students for the two-year accelerated program are considered for a two-year Graduate Assistantship.

Graduate assistants provide support to faculty for research and other responsibilities.

Participating students receive a tuition waiver and stipend totaling \$4,500 per year, for a total of \$9,000.

Assistants have co-presented research findings with faculty at regional conferences.

CONTACT US

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marist.edu/graduate • graduate@marist.edu
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UPCOMING EVENTS

The best way to find out about our programs is to attend an open house or virtual information session!
Visit marist.edu/rsvp to RSVP.



Scan to see upcoming events.

2-YEAR OR 3-YEAR CURRICULUM

Students can complete the program in two years in a full-time, accelerated plan; or through a less time-intensive three-year schedule. Compare the course schedules using the QR Code or visit marist.edu/social-behavioral-sciences/graduate/mental-health/curriculum.



Scan to compare course schedules.

PROGRAM FORMAT

Courses are offered primarily in the evening at our main campus in Poughkeepsie, NY. Practicum and internship placements are located at clinical settings in the Hudson Valley.

ADMISSION REQUIREMENTS

- ▶ Graduate admissions application (available online)
- ▶ \$50 application fee is paid online.
- ▶ Official undergraduate and graduate transcripts. 3.0 or higher GPA desired. Bachelor's degree in Psychology preferred. Other majors considered if prerequisite courses are completed with a preferred grade of "B" or better.
 - ▶ Prerequisite courses required for non-Psychology majors:
 - ▶ General Psychology
 - ▶ Statistics
 - ▶ Research Methods in Psychology
 - ▶ Abnormal Psychology preferred, not required
- ▶ Current resumé
- ▶ Three letters of reference from professors who taught you in classes, or employment / internship supervisors that attest to the applicant's ability to be successful in graduate school and the field of mental health counseling
- ▶ Personal statement of at least 500 words describing the applicant's personal qualities and academic and career goals related to mental health counseling
- ▶ Optional Graduate Record Examination (GRE) scores for verbal, quantitative, and writing areas
- ▶ Qualified candidates will be interviewed

APPLICATION DEADLINE – MAY 15*

**Applications received after the deadline will be reviewed on a case-by-case basis.*

FINANCIAL AID OPTIONS

- ▶ Scholarship - merit and alumni available
- ▶ Partnership benefits
- ▶ Military benefits
- ▶ Employer tuition deferment

CURRICULUM (Total: 60 credits)

FIRST YEAR/FALL (12 credits)

- ▶ Foundations & Ethics of Counseling
- ▶ Counseling Theory & Practice
- ▶ Counseling Techniques
- ▶ Multicultural Foundations in Counseling

FIRST YEAR/SPRING (12 credits)

- ▶ Assessment in Counseling
- ▶ Diagnosis & Treatment Planning in CMHC
- ▶ Group Counseling
- ▶ Research in Counseling

FIRST YEAR/SUMMER (6 credits)

- ▶ Counseling Practicum
- ▶ Psychopharmacology for Counselors

SECOND YEAR/FALL (12 credits)

- ▶ Lifespan Development
- ▶ Family & Couples Counseling
- ▶ Counseling Internship I
- ▶ Elective 1

SECOND YEAR/SPRING (12 credits)

- ▶ Counselor Supervision
- ▶ Career Development Counseling
- ▶ Crisis & Trauma Intervention
- ▶ Counseling Internship 2

SECOND YEAR/SUMMER (6 credits)

- ▶ Substance Abuse Counseling
- ▶ Elective 2

AMERICAN PSYCHOLOGICAL ASSOCIATION (APA) WRITING STYLE

All applicants admitted to the program are expected to utilize the American Psychological Association (APA) writing style in their written assignments. Applicants are strongly advised to acquire a copy of the latest edition of the Publication Manual of the APA.

SCREENINGS

Students may be required to undergo health and criminal background checks and/or drug screenings in order to be eligible to train at certain clinical settings for practicum and internship.