

MARIST

Health Forms for Marist

Incoming students are required to submit health and immunization records.

- Fall/August students must submit records by June 30
- Spring/January students must submit records by December 15

Log into MyMarist, Student tab, Health Services option.

Checklist for your medical requirements

- Log into <https://MyMarist.edu>
- Go to the STUDENT tab
- Select HEALTH SERVICES
- Read PATIENT PORTAL INSTRUCTIONS
You will need a physical, immunizations, tuberculosis testing, and more. Read the instructions, gather the information, then upload the information at MARIST HEALTH SERVICES PATIENT PORTAL
- Gather required information, then click on MARIST HEALTH SERVICES PATIENT PORTAL
- Follow directions on the web page.

Optional On-Campus Health Insurance

Marist graduate students have the option to pay for on-campus Health Services. Doctors and other medical staff are available on campus, Monday through Friday, during daytime business hours. Students using On-Campus Health Services have easy access to medical assistance, testing, many prescriptions, and more at no extra cost. The approximate cost per semester is \$195.

Undergraduate students must pay this fee. Graduate students may choose to participate or not.

Mandatory Health Insurance at Marist

All Marist students on F-1 or J-1 VISAs are required to take the Health Insurance that Marist provides. Other health insurance policies cannot be substituted. Marist's insurance offers you:

- Local doctors, clinics, and hospital coverage
- Special services are available for international students.
- Low co-pays to keep costs manageable.

Information about Marist's health insurance can be found at <https://www.marist.edu/student-life/services/health-services/health-insurance-plan>

Orientation on campus will provide you with a valuable information session about health insurance and how to keep your medical costs minimal.

Health Insurance is very important in the United States. Medical costs can be very expensive. Health insurance gives you access to medical expenses at controlled, lower costs. A visit to a doctor *without* health insurance can cost \$150 - \$450 USD¹ A visit to the emergency department at a hospital can cost \$2,200 USD just to walk in the door.² Hospital treatment and staying in the hospital can cost tens of thousands of dollars, hundreds of thousands of dollars, or more.

1 - <https://khealth.com/learn/healthcare/how-much-is-a-doctor-visit-without-insurance/>

2 - <https://www.talktomira.com/post/how-much-does-an-er-visit-cost>