

Welcome to PSYC318L-741

Psychology of the Adolescent

With Corey Fenstemacher, Psy.D.

Course Description

This course provides a general review of normal adolescent development as well as some common adolescent psychopathology (i.e., substance abuse, eating disorders, and depression). The course is appropriate for anyone interested in working with adolescents. Current knowledge of biological, social, sexual, and cognitive development debunks many misconceptions about adolescents.

Upon completion of this course students should be able to:

1. Explain the major theories of adolescent development
2. Analyze the physical and cognitive changes that occur during adolescence
3. Analyze factors that influence socioemotional development in adolescence
4. Interpret developmental events using more than one perspective (such as biological, psychodynamic, learning, cognitive-developmental, and contextual)
5. Describe how families, peers, media, and schools contribute to adolescent development

Required Textbook(s)

Santrock, J. W. (2019). *Adolescence* (17th ed.). New York, NY: McGraw-Hill.

ISBN: 9781260137064

The online course room in Brightspace will contain additional course materials to supplement this required textbook.

Please be sure to rent or purchase this text prior to the beginning of the term as the course requires weekly reading assignments from it.



About the Instructor

I started my career in sales in advertising. My second career began when I returned to school to earn a doctorate in Organizational Psychology, with a focus on behaviors in groups. In graduate school, I discovered a passion for instruction and facilitation, particularly working with adult audiences. I have worked for global consulting firms and a global media company. For over a decade, I've been teaching adult college students, managers and executives. My favorite thing about teaching is that no matter how many times I teach the same course, or the same students, I learn something new from each group. The course is always different because no group of students is the same. I am originally from the Utica. My husband and I spend time between Brooklyn and the Cooperstown area with our 17-year-old cat. In my free time, I consult to HR leaders and business leaders and volunteer with animal welfare organizations.

Looking forward to getting to know you in our classroom!

Corey

Dr. Corey Fenstemacher

Corey.fenstemacher@marist.edu

917-588-2946